



## What the Columbus Folk Music Society Does When its not Festival Time

This newsletter issue is focused on getting folks to know the Columbus Folk Music Society better. The issue also seeks to accent the wonders of music and nature, and the benefits of being in nature. Talking about nature and music also helps explain why we hold the annual festival in a beautiful outdoor setting!

### **The Annual Central Ohio Folk Festival**

The annual Central Ohio Folk Festival at Highbanks Metro Park may be the Columbus Folk Music Society's [CFMS] most concentrated project of the year, but we invite you to join in the many other activities that we conduct throughout the year!

### **Monthly Americana/Folk Concert Series**

Seven of the ten concerts in the series take place the last Saturday of every month September through April (excluding December) and are held at the Columbus Mennonite Church at 35 Oakland Park Avenue in Clintonville. These events, rich in the experience of community, have 3 segments: an open jam, an open mic (which includes an awesome sing-along portion), and a featured performer. The events draw good-sized crowds.

[See What the CFMS Does.,pg 3](#)

*Music is in all the sounds of nature and there never was a sound that was not music...*

*-Woody Guthrie*

## A Different Strummer Newsletter Highlights

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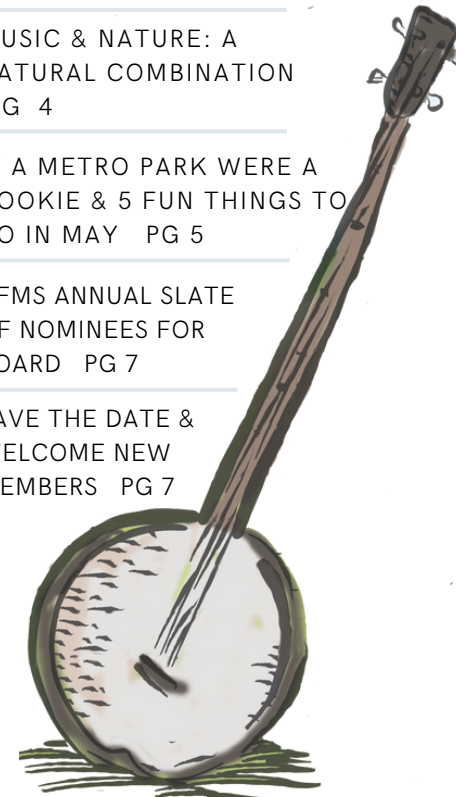
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## 2023 Bob Kirby Scholarship Winners



Henry Harnetty, Columbus, OH

Every year the Columbus Folk Music Society awards our Bob Kirby Scholarship award to two young aspiring musicians from the Central Ohio region.

Begun in 2009, the scholarship fund was created to assist young people (grades 3-12) to pursue or enhance their interest in music in the folk/roots tradition by a monetary award used towards the purchase of an instrument or lessons. Included with the award is providing them folk music experiences and opportunities to perform (if they wish) at the annual Central Ohio Folk Festival.

We are pleased to announce the 2023 awards to two aspiring musicians from our region: Henry Harnetty and Doyle Sargent. The awards will be presented at 4pm onstage on Saturday, May 6 at the Bailey Acoustic Tent on the festival grounds.

**HENRY HARNETTY** is a freshmen at Whetstone High School in Columbus, OH and explains his interest in music:

"I am curious about a lot of different types of music. I love 60's folk and culture and I am excited to learn more about other types of folk. I took piano lessons for 4 years and I have been playing viola in my school orchestra since fourth grade. Last



Doyle Sargent, Lancaster, OH

Christmas my parents got me a guitar, and I have been playing nonstop ever since. I am also interested in lots of other instruments and I'm saving up to buy a bass. I am also interested in lap steel, pedal steel, mandolin and a lot more."

**DOYLE SARGENT** is from Lancaster, OH and is in the 8th grade at Bloom Carroll Middle School. He explains his interest:

"My passion for folk music began with a few of the first songs I learned to play on a guitar; Bob Dylan's "Don't Think Twice, It's All Right" and "Knockin' on Heaven's Door" introduced me to storytelling, poetry, and genuine emotion in a song.

"My family originated in a rural area of Richie County, West Virginia. My Grandpa was introduced to Appalachian Music at a young age by local musicians gathering at the Burnt House, WV, community building for dances and gatherings. Seventy years later, I enjoy learning the songs and style of playing he was introduced to and sharing the purity of an unfiltered voice and instrument. I will use this award to subsidize my savings for a Martin guitar and the remainder will be used for banjo lessons."

**Let's welcome AND congratulate Henry and Doyle!**



What the CFMS Does, from pg 1

The remaining three concerts are held in other parts of the city of Columbus, in a recent effort by the CFMS to help spread the joy of folk/roots music to an ever wider community. More info can be found [here](#) or look our website under Events.

### Helping the Community

The CFMS does programming with the local Clintonville Resource Center; coordinates jam classes at the Whetstone Community Center; provides music in a summer program at the Franklin Park Conservatory (a collaboration with GrowIN), provides music via Zoom with some local nursing homes, and participates in other events around town like the annual Columbus Marathon.

The CFMS conducts a Bob Kirby Scholarship program which is an award given annually to young musician(s) to assist them towards the purchase of ongoing lessons and/or an instrument.

### Weekly Community Jams

These informal jams occur on a weekly basis. There are opportunities for both on-line and in-person events. Obtain more info by e-mailing: [vanaukj@gmail.com](mailto:vanaukj@gmail.com).

### Special concerts

Some of our members are performing artists and/or are members of roots/acoustic music bands and put on concerts all around Columbus and beyond. Some of these events are officially sponsored by the CFMS and you can often find out when and where some of these concerts occur through our e-mails.

You can ask to be added to our Folk-events e-list which informs you of many CFMS activities throughout the year and gives you access to our monthly newsletter. E-mail us at: [webmaster@columbusfolkmusicsociety.org](mailto:webmaster@columbusfolkmusicsociety.org) to be added to the list. We don't send out frequent e-mails, but we do notify you of upcoming events.

**Last but not least**, we invite you to get involved in these and other activities of the Columbus Folk Music Society!

If you want to BECOME a member or just volunteer to help us put on the annual festival AND join our vibrant community of folk music enthusiasts, you can do so online. Visit our website at: [www.ColumbusFolkMusicSociety.org](http://www.ColumbusFolkMusicSociety.org). You can also talk with any of our members at the festival.



# Music and Nature: A Natural Combination

By Heather Fox, Director of Communications and Outreach, used with Permission. (C) Dimensions Educational Research Foundation

From under the shelter of a tree, a six year old calls to her playmates. "Listen, come hear my song." Her friends gather around. She sings of the sun rising high in the sky and the sparkling rivers connecting to the sea. Her refrain includes the melodic phrase, "because this beautiful day means everything to me."

This is just one example of the ways in which nature provides inspiration, space and the backdrop for self-expression and growth through music.

Look up at the sky through the leaves of a honey locust tree and you will become intimately aware of the colors, patterns and movement that inspired this young girl to sing about the sun, and her playmates to swing their arms through the breeze as if they were their own extensions into the natural world. Outdoor areas provide an ideal venue for music expression because they are more open than our established indoor environments. Outside there is room to use the entire body, to make music and to dance in unstructured ways.

Listen to two children playing the marimba side by side. Hear the pleasing melodies produced from a professionally crafted musical instrument as the sounds flow into the outdoor spaces. Outdoors, sound is released into the air. It dissipates into the breeze instead of bouncing from wall to wall indoors. Acoustically, outdoor environments are better places for musical experimentation.

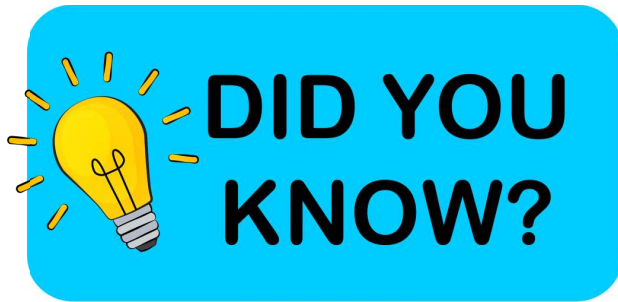


Photo by Melissa Askew (Unsplash)

Throughout time the outdoor world has inspired composers and musicians to create. Today, children and adults spend less and less time outdoors and miss the time and space for musical spontaneity and contemplation. This is why experts in the field recommend providing nature-based music and movement experiences on a regular basis. These experiences can occur daily in Nature Explore Classroom. They can also happen in your own backyard. Simply find the time and space to create a music area, gather musical instruments and allow the beauty of nature to inspire. Tell us about your musical experience outdoors, and visit [www.NatureExplore.org](http://www.NatureExplore.org) for more information and materials to create a music area of your very own.

###





There is an intimate connection between humans and nature and humans and music and nature!

"Early forms of communication among our ancestors, which sought in some way to imitate and depict nature, are seen within modern, isolated tribes. The songs and stories of Hutu and Tutsi tribes of East Africa incorporate the ultra-low frequency communications of elephants; on the other side of the globe, the Tlingit, Inuit, and other seafaring tribes have been listening to the sounds of whales through the hulls of their boats for thousands of years (*Gray, Krause, Atema, Payne, Krumhansl, & Baptista, 2001*).

"Perhaps our innate attraction – and universal reactions – to various elements of music are because music was created on a foundation based in the natural environment. Recent research has found that the music of both humpback whales and many bird species have surprising similarities to the structures of our human music. Humpback whales utilize musical intervals that reflect the intervals in our musical scales, while also using tones and timbres that are similar to the sounds we create in our music. Humpbacks further have a tendency to mix percussive sounds with pure tones in ways similar to human symphonic music (*Payne, 2000*). If these findings aren't surprising enough, whales also structure their songs in formats similar to the way we tend to: initial

theme, elaboration of that the theme, and an eventual return to the original theme (known as ABA form in Western music). (*Payne, 2000*)."

Extracted from a thesis made available online at: [Linfield University](#) and entitled "The Essentialism of Music in Human Life and its Ties to Nature" by Katricia D. F. Stewart.

## If a Metro Park were a Cookie!

Partial reprint from Metro Parks article by Katie Thorpe, posted 3-13-23 on The Metro Parks Blog

Meandering through the woods on a long hike, your mind begins to wonder. Thoughts of the day to day routine might drift in, or the daydream of upcoming summer adventures. . . If you are anything like me, you might start wondering about food [and]...the thought of eating a sweet, warm, delicious cookie bakes in my brain. As you wander through the Metro Parks, working up an appetite, here are a few cookies that coordinate well with a few parks.



### **Battelle Darby Creek Metro Park**

This park is huge! With over 7,000 acres, Battelle Darby Creek allows you to truly escape into the natural landscape. Battelle Darby Creek can be enjoyed in so many ways from relaxing with an afternoon picnic, floating down the creek, racing down the sled hill, or quietly watching bison graze near the nature center. A massive park deserves a massive cookie! If Battelle Darby Creek were a cookie, it'd have to be a Monster Cookie (with extra M&Ms).

[See If a Metro Park, pg 6](#)

If a Metro Park, from pg 5



**Editors Note:** DID YOU EVER wonder why the festival mascot's name is Darby Duck? He traveled all the way from Battelle Darby Creek

Metro Park where the festival used to be held before it outgrew the location!



## Inniswood

Inniswood Metro Gardens is the perfect spring park! The beautiful blooms and gorgeous greens along the Brookwood Trail are breathtaking! Whether visiting the vibrant views or posing for the perfect picture, Inniswood is a must stop! If Inniswood were a cookie, it'd have to be a Sugar Cookie with Lavender Icing.

**Bon Appetit!**

# 5 Fun things to do at Metro Parks in May

Submitted by the Metro Parks staff

The sun is out, the weather is warmer and it's the perfect time to get outside and enjoy the Metro Parks!

1. **Central Ohio Folk Festival** – The Central Ohio Folk Festival is a fun-filled and family friendly event at Highbanks Metro Park on May 6 and 7 that includes music, jam tents, kids' crafts, food, beer, vendors and more! This year's Saturday evening headliner is Nefesh Mountain. For more information, visit the [Columbus Folk Music Society's](#) website.

## 2. Inniswood Metro Gardens' 2023

**Spring Plant Sale** - On your way home from the Central Ohio Folk Festival, you can stop by Inniswood Metro Gardens (on May 6 from 9am-4pm and May 7 from 11am-3pm) for their annual spring plant sale! A selection of perennial plants and herbs will be available. This event is sponsored by The Inniswood Volunteers, Inc. and the Herb Society of America, Central Ohio Unit.

## 3. Sunset Strolls on the Golf Course –

Join Blacklick Woods Golf Course on May 26 from 7-9pm for special access evening strolls on the championship golf course. Please check in at the Pro Shop when you arrive. For more information, check out Metro Parks [activities page](#).

## 4. Take Your Mom out for a Mother's

**Day Picnic** – Mother's Day is Sunday, May 14, and whether you're celebrating your mom or another special person in your life, it's the perfect time to get outside. All Metro Parks have picnic tables for you to dine at, so pack your favorite foods and celebrate your favorite people!

## 5. Visit Slate Run Living Historical Farm –



Slate Run Living Historical Farm always has fun, educational programs for all ages! Learn about the farm animals and what life was like on a farm in the 1880s. For a full list of programs, visit Slate Run's [activities page](#).

Photo by Mikhail Nilov (Pexels)



## Welcome NEW Members

Tip House                  Matthew Strauss  
James McHie,              Steve Tornes  
Jr. family

...and Welcome Back RENEWING Members!



## Save the Date!

### CFMS Annual Meeting

**Sat, June 3 (weather permitting).**

Details to follow in an e-mail to CFMS members.

### Americana/Folk Concert Series

#### The Matchsellers

**Wednesday, June 28, 5:30 - 6pm Refreshments / 6 - 7:30pm Concert**

Free-will Donation. This concert is part of the CFMS' Americana/Folk Concert Series. The concert features the talented bluegrass band, *The Matchsellers*, from Kansas City, MO.

**Venue: Reeb Center**, 280 E Reeb Ave.

### Zoom Jam Sessions

Offered to nursing homes Thursdays 10am -12 noon. If you wish to participate, please contact Jane at:

[vanaukj@gmail.com](mailto:vanaukj@gmail.com)

### In-Person Jams

**Mondays** 6-8pm at 4th Ave Christian Church, 296 W. 4th Ave.

**Sat May 13** 9am-Noon, Worthington Farmer's Market (Village Green)

**Saturdays** 9:30-11:30am through May 20 at Whetstone Community Center, 2nd floor, 3923 N. High St. Free learning class.

## NEWSLETTER TEAM

**Editor (interim):** Diane Boston

**Regular Writers:** Pete Insabella, Bill Cohen

**Layout:** Sherry Hubbard

**Distribution:** Pete Insabella

**CFMS Event Photos:** Linda McDonald

## 2023-24 FY CFMS' Slate of Nominees for Officers & Board Members

It is that time of year when we publish the Slate of Nominees for the upcoming 2023-24 year for the Columbus Folk Music Society [CFMS] officers and board members positions.

The slate is presented for approval by CFMS members at the CFMS' Annual meeting. CFMS members can look for an announcement of the Annual Meeting time and place in an e-mail sometime later in May. For now, please hold open the date of Saturday, June 3 (weather permitting) for this year's Annual Meeting. After the short Annual Meeting, it is also a nice gathering with great food and camaraderie with fellow folk music enthusiasts!

The slate is as follows:

### Columbus Folk Music Society Board (Officers & Trustees)

#### Nominations for 2023-24

President: Mike Hale

Vice-President: Jan Flory

Treasurer: Greg Denby

Secretary: Barbara Wright

Trustees:

Mary Finney

Randi Cohen

Jane Van Auken

Diane Boston

Peter Insabella

Steven Ing

Marian Harris

Michelle Hughes

Eileen Smith





## The Columbus Folk Music Society

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### BECOME A MEMBER OF THE COLUMBUS FOLK MUSIC SOCIETY

Date \_\_\_\_\_  New  Renew Preferred Newsletter Format:  Digital  Hard Copy

Name(s) / Band Name (if applic) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

General Age Range – Born:  1930s-40s  1950s-60s  1970s-80s  1990s-2010s

Phone \_\_\_\_\_ (Cell) \_\_\_\_\_ If Band, website \_\_\_\_\_

E-mail Address \_\_\_\_\_ Additional e-mail (if a household or band) \_\_\_\_\_

We are also a growing, vibrant community of volunteers; the awesome force behind our work! Please  at least 1 box.

- |  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> May folk festival   | <input type="checkbox"/> General Help      | <input type="checkbox"/> Organizational Skills   | <input type="checkbox"/> Social Media         |
| <input type="checkbox"/> CFMS concert events | <input type="checkbox"/> Graphic Design    | <input type="checkbox"/> Professional Musician   | <input type="checkbox"/> Web Design           |
| <input type="checkbox"/> Cooking / Baking    | <input type="checkbox"/> Leadership Skills | <input type="checkbox"/> Professional Instructor | <input type="checkbox"/> Writing / Newsletter |
| <input type="checkbox"/> Data Management     | <input type="checkbox"/> Legal             | Instruments: _____                               | <input type="checkbox"/> Other _____          |
| <input type="checkbox"/> Fundraising         | <input type="checkbox"/> Musician          | <input type="checkbox"/> Publicity               | <input type="checkbox"/> None                 |

MEMBERSHIP RENEWALS ARE DUE ANNUALLY ON DECEMBER 31.  one of the membership levels listed below.

- |  |   |  |  |
|--|---|--|--|
| <input type="checkbox"/> Individual \$20 | <input type="checkbox"/> Band \$25        | <input type="checkbox"/> Sponsor \$100 | <input type="checkbox"/> Silver \$250      |
| <input type="checkbox"/> Household \$25  | <input type="checkbox"/> Good Friend \$50 | <input type="checkbox"/> Patron \$200  | <input type="checkbox"/> Life Member \$500 |

To join/renew by credit card, visit CFMS' website: [columbusfolkmusicsociety.org](http://columbusfolkmusicsociety.org) (About Us/Join)  
OR click here: <https://tinyurl.com/CFMS-Join>

To join/renew by cash or check, please mail completed membership form with payment to: Columbus Folk Music Society, PO Box 20735, Columbus, OH 43220. Membership amounts may be tax-deductible.

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