

Internationally touring New York-based progressive Folk / Americana band

# NEFESH MOUNTAIN

**7PM, MAY 6 2023**

## CENTRAL OHIO FOLK FESTIVAL

**SATURDAY EVENING HEADLINER**

Since their arrival on the scene in 2015, the New York based band Nefesh Mountain has been hailed as one of today's formative boundary-pushing groups in American roots music. . .

Their latest album "Songs For the Sparrows" is a true testament to the unbridled imagination and extraordinary grace of their

musicianship and creativity, featuring friends and heroes Sam Bush, Jerry Douglas and Bryan Sutton among others. The band embodies the wild nature and unbridled free spirits of its members, bridging compositional prowess and prolific songwriting with deft and exciting instrumentals and jams.

They have recorded and shared the stage with Sam Bush, Jerry Douglas, Bryan Sutton, John Doyle, Noam Pikelnny (Punch Brothers), Mark Schatz (Nickel Creek), Mike Gordon (Phish) and Tony Trischka among others.

Their music continues to forge new paths in a world all their own, combining elements of everything from Americana and Appalachian bluegrass to Celtic folk and Eastern European melodies with messages of inclusivity, diversity, and hope for our ever changing world today.



"A masterclass in string music" - Rolling Stone

"The sound is crisp, clear, magical, an instant favorite, the type of record [Songs For the Sparrows] that cleanses the dirt underneath, in between, and unforeseen, the album is perfection" - No Depression

**LISTEN HERE:** [nefeshmountain.com/songs-for-the-sparrows](https://nefeshmountain.com/songs-for-the-sparrows)

## CENTRAL OHIO FOLK FESTIVAL: MAY 6 & 7

Venue: HIGHBANKS METRO PARK (Lewis Center, OH)

**NO FIXED FEES – YOUR GENEROUS \$\$ SUPPORT MAKES ALL OF THIS POSSIBLE!**

**FESTIVAL DONATIONS ON SITE OR AT:** [centralohiofolkfestival2023donate.eventbrite.com](https://centralohiofolkfestival2023donate.eventbrite.com)

For \$20 or more, you'll receive a 'flexible flyer' and other cool stuff. Pre-event donation is recommended over on-site if you hope to reserve inside tent seating for the Sat. night concert, otherwise seating may be on the lawn. The tent seats 200.

"Thoughtful, introspective lyrics and world class musicianship." – American Songwriter